

## Self-Assessment of the Week

Name: \_\_\_\_\_

Throughout this past week I have...

Felt comfortable with the material we learned:

Yes ✓ ✓ No

Set goals and worked towards them, as well as come for help when needed:

Yes ✓✓ No

Completed all of my homework and taken responsibility for my own learning:

Yes ✓ No

Kept my resources organized and came to class prepared:

Yes ✓ No

Followed teacher instructions, used class time effectively, and monitored my own progress:

Yes ✓ ✓ No

Been a collaborative contributor both in class and while working on chemistry outside of class:

Yes ✓ No

Had a positive attitude and inquired about new topics that I would like to learn more about:

Yes ✓ ✓ No

Set a small, **achievable** goal for next week focusing on one of the areas above:

- Week 1: Study material to be-come more comfortable, read the text book more.
- Week 2: Read the pages for understanding instead of skimming

Week 3: